Extreme winter weather can strike any part of the country. Icy streets and highways, deep drifting snow, high winds, low visibility, and piercing, bitter cold can be dangerous — even life-threatening. Below are some simple prep solutions to help you beat the NINE DEMONS OF WINTER when the weather turns frightful.

### FOOD & WATER
- 3 days of Easy Prep Foods
- 3 gallons Water per Person

### WARMTH
- Blankets
- Hats/Gloves/Scarves/Socks/Boots
- Heavy Coat
- Fireplace/Certified Kerosene or Propane Heater
- Reflective Mylar® Blankets
- Reflective Mylar® Sleeping Bags
- Hats/Gloves/Scarf/Coat
- Hand Warmers
- Hand Warmers

### FUEL
- Generator Fuel
- Space Heater Fuel
- Dry Wood
- Full Tank of Gas

### POWER
- Generator
- Batteries
- Hand-crank Phone Charger
- Backup Batteries
- Power-On-Demand® Charger
- Jumper Cables
- Phone Charger

### TRACTION
- Snow Shovel
- Ice Scrapers
- Pickaxe
- Kitty Litter
- Compact Shovel
- Ice Scrapers

### LIGHT
- Rechargeable LED Flashlights
- Power-Failure Lighting
- 115-Hour Oil Candles
- Rechargeable LED Flashlights

### FIRST AID
- Well-stocked First Aid Kit
- Basic First Aid Kit
- Well-stocked First Aid Kit
- Backup Prescriptions

### TOOLS
- Snow Shovel
- Ice Scrapers
- Tool Kit
- Snow Shovel

### FOR YOUR CAR
- High-Calorie Energy Bars & Snacks
- Water in Freezer-Safe Pouches
- Winter Driving Essentials
- Winter Driving Essentials
- Winter Driving Essentials

### COMPREHENSIVE WINTER PREP CHECKLIST
- FOOD & WATER
- WARMTH
- FUEL
- POWER
- TRACTION
- LIGHT
- FIRST AID
- TOOLS
- FOR YOUR CAR

Get winter-ready and learn more at BePrepared.com