

Iodized Salt

Nutrition Facts

11,491 servings per container
Serving size 1/4 Tsp (1.5g) Dry

Amount per serving
Calories 0

% Daily Value*

Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 590mg	26%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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Use as a seasoning to enhance the flavor of food or in recipes as directed.

Additional uses:

Cleaning. For basic soft scrub make paste with salt, baking soda and dish soap, use on appliances, enamel, porcelain, etc.

Clean sink drains. Mix salt into hot water and pour down kitchen sink to deodorize and keep grease from building up.

Clean refrigerators. Clean and deodorize inside of refrigerator with salt and soda water mixture.

Brighten colors. Dip washcloth in strong saltwater solution, wring out and briskly rub faded rugs, carpets and curtains.

Clean teeth. Dip toothbrush in mix of one part salt to two parts baking soda and brush as usual.

Ease throat pain. Mix salt and warm water and gargle to relieve a sore throat.

INGREDIENTS: Iodized salt.