

Banana Chips

Nutrition Facts

151 servings per container

Serving size 1/3 Cup (30g) Dry

Amount per serving

Calories 170

% Daily Value*

Total Fat 11g 14%

Saturated Fat 9g 45%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 17g 6%

Dietary Fiber 3g 11%

Total Sugars 5g

Includes 3g Added Sugars 6%

Protein 1g

Vitamin D 0mcg 0%

Calcium 8mg 0%

Iron 1mg 6%

Potassium 173mg 4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

DIRECTIONS:

Remove oxygen absorber and discard.

Eat as a snack; add to cereals, granolas or desserts.

Do not rehydrate.

INGREDIENTS: Dehydrated banana slices (bananas, refined coconut oil, sugar, banana flavoring).

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