

30 Day Kit

Comparison Chart

COMPARE THESE BRANDS:



Name	30 Day 1 Person Emergency Food Kit	1 Month Emergency Food & Drink Supply	120 Serving Breakfast, Lunch & Dinner Bucket	30-day Outdoor Adventure Meal, 204 Servings	EasyPrep Ultimate 1-Mo Food Storage Kit 236 Servings
MSRP	\$199.99	\$179.99	\$345.00	\$479.99	\$359.76
Calories Per Day* (per person)	2,084	596	1,661	1,787	991
Protein Per Day* (per person)	50g	17g	47g	81g	30g
Meets QSS Standards	 				
Total Servings*	316	96	120	204	236
Price Per Protein*	\$0.13	\$0.35	\$0.24	\$0.20	\$0.40
Shelf Life	Up to 30 years	Up to 25 years	Up to 25 years	Up to 30 years	Up to 25 years

*Calories from complex carbohydrates and does not include sugar drinks